

Useful MEDICAL telephone numbers and websites (rev. Aug 2026)

Westchester Library System Senior Benefits programs <https://seniors.westchesterlibraries.org/senior-benefits/>
 Demystifying Medicare <https://seniors.westchesterlibraries.org/demystifyingmedicare/>
 Medicare Rights Center, helpline (800) 333-4114 <https://www.medicarerights.org/>
 Medicare Interactive <https://www.medicareinteractive.org/>

HELPLINE
(914) 813-6100

**To make an appointment to
 speak with a counselor at a
 convenient location
 (914) 417-9102**

FEDERAL

Coordination of Benefits (Aug 2022)	(855) 798-2627	...
Durable Medical Equipment suppliers	(800) MEDICARE	https://www.medicare.gov/medical-equipment-suppliers/
Extra Help online applications	...	https://secure.ssa.gov/i1020/start
Extra Help brochure	...	https://www.ssa.gov/pubs/EN-05-10508.pdf
MEDICARE helpline	(800) MEDICARE	https://www.medicare.gov/ (includes planfinders for health & drug plans)
Medicare & You Handbook		https://www.medicare.gov/pubs/pdf/10050-Medicare-and-You.pdf
FEHB and Medicare	...	https://www.myfederalretirement.com/medicare-fehb/
Home healthcare or facilities finder	(800) 628-5972	https://www.medicare.gov/care-compare/
Senior Medicare Patrol (fraud)	(800) 333-4374	https://www.nysenior.org/senior-medicare-patrol/
Social Security (incl. Extra Help)	(800) 772-1213	https://www.ssa.gov/
Special Enrollment Periods (chart, Jan 2025)		https://www.medicareinteractive.org/pdf/SEP-Chart.pdf
Tricare for Life	...	https://tricare.mil/Plans/PlanFinder
VA and Medicare	...	https://www.va.gov/

NYS

Commence Health (formerly Livanta)	(866) 815-5440	https://www.livantaqio.com/en/states/new_york
Dept of Social Services (DSS) by county	...	https://socialservices.westchestergov.com/about-us/dss-district-offices
Eldercare info and locator	(800) 677-1116	https://eldercare.acl.gov/home
EPIC (with fee/deductible schedules)	(800) 332-3742	https://www.health.ny.gov/health_care/epic/
EPIC brochure	...	https://www.health.ny.gov/forms/doh-5080.pdf
Health Care Proxy info for NYS	...	https://www.health.ny.gov/professionals/patients/health_care_proxy/
HIICAP: State Health Ins. Assist. Program	(800) 701-0501	https://www.shiphelp.org/about-medicare/regional-ship-location/new-york
Medicaid helpline	(800) 541-2831	https://www.health.ny.gov/health_care/medicaid/
Medigap planfinder by NYS zipcode	...	https://myportal.dfs.ny.gov/web/guest-applications/medicare-monthly-premiums
Medigap planfinder for CT	...	https://portal.ct.gov/-/media/CID/1_LifeHealth/Medicare_Supplement_Insurance_Rates.pdf?la=en
Medigap (Supplemental plans) guide (2022)	...	https://www.medicare.gov/sites/default/files/2022-03/02110-medigap-guide-health-insurance.pdf
Medicare Savings Program (MSP) info + appl'n	...	https://www.health.ny.gov/health_care/medicaid/program/update/savingsprogram/
NY Connects (NYS Office for the Aging)	(800) 342-9871	https://nyconnects.ny.gov/consumersite/index.php

WESTCHESTER (see also "Health-related" on reverse)

Dept of Health	813-5000	https://health.westchestergov.com/
→ Dept of Sr Programs and Services (DSPS)	813-6100	https://seniorcitizens.westchestergov.com/
Livable Communities Westchester	813-6263	https://seniorcitizens.westchestergov.com/livable-communities
Westchester Disabled on the Move (Medicaid)	968-4717	https://wdom.org/

OTHER Westchester County Services

Dept of Social Services (DSS) - 995-3333, Mon-Fri except holidays

White Plains, 85 Court St. — **Mount Vernon**, 100 East First St. — **Peekskill**, 750 Washington St. — **Yonkers**, 131 Warburton Ave.

Dept of Senior Programs and Services (DSPS – non-Medicare) – 813-6300 - 9 South Frist Ave., 10th fl., Mt Vernon, Mon-Fri except holidays

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HEALTH-RELATED

Advanced Directives, Palliative, Hospice	(800) 658-8898
Alzheimer's Assn, Hudson Valley Chapter	(800) 272-3900
Guiding Eyes for the Blind	(800) 942-0149, x2222
Hearing difficulties	995-2957, TTY 995-7397
iCanConnect (combined hearing and vision loss)	(800) 825-4595
Mental Health	995-5220
Nursing Home complaint hotline	(888) 201-4563
Senior Medicare Patrol (fraud)	(800) 333-4374
Westchester Jewish Community Services: Senior Care	761-0600 x2340
VA health connect helpline NY/NJ	(800) 877-6976
Vision difficulties	Lighthouse (800) 284-4422; Guiding Eyes 245-4024

HOUSING, UTILITIES, RESIDENCES, NUTRITION, HOME CARE

Dept of Social Services (DSS) – meals, SNAP, eviction, home energy assistance HEAP, NYSEDA, etc.	995-3333
Dept of Senior Programs and Services (DSPS) – nutrition, home care, long-term care, Care Circles, housing	813-6300
Emergency Financial Assistance	DSS 995-3333; DSPS 813-6300
Feeding Westchester (meal kits)	923-1100
HomeFront (home repairs by volunteers)	(800) 887-4673
Rent Administration Office, incl. increase protection	948-4434
Residential Opportunities (incl. real property tax credit)	428-4507
Section 8 voucher	995-2415
STAR School Tax Relief	(518) 457-2036 (but local tax assessor also)
Tax Abatement (Tax Commission)	995-4325
Weaterization Assistance (WAP)	375-7887
Westhab Supportive Housing programs	345-2800

TRANSPORTATION

Bee-Line	813-7777
Medicaid Transportation Management (MAS)	(844) 666-6270
Older Driver Program (DSPS)	813-6188
ParaTransit and "Taxi"	995-7272
Reduced Fare OMNY Card	813-7777
TRA – Transportation Resources Access (was Westfair Rides; now includes Ride Connect)	764-3533

FRAUD and LEGAL

Adult Protective Services	995-2259
Dept of Social Services (DSS)	995-3333
Consumer Protection (Westchester)	995-2155
Crime Prevention and Victim's Assistance	345-3113
Fair hearings (NYS)	DSS 995-3920, NYS (800) 342-3334
Legal Services of the Hudson Valley	(877) 574-8529
Mediation and Eviction Prevention (Cluster)	377-5962
NYS Attorney General complains hotline	(800) 771-7755
PACE Women's Justice Center	422-4069
Senior Crime Busters (DSPS)	995-2190
Welfare fraud (DSS)	(888) 377-0009

MISCELLANEOUS for seniors

Caregiver service centers	813-6441
Disabilities, Office for People with	995-2957
DOROT Westchester (social connections)	485-8354
Eldercare locator	(800) 677-1116
Emergency Response System (PERS)	813-6300
End-of-Life Choices NY	(212) 726-2010
Escorted shopping	813-6300
Expanded In-Home Services Program (EISEP)	813-6442
Home-Care Services	813-6442
Home-Delivered Meals	813-6300
ID cards (Westchester Co. Clerk)	995-3088
Independent Living Center	682-3926
Managed Long-Term Care (MLTC)	(888) 401-6582
MediAlert	(800) 432-5378
Office for People with Disabilities	995-2957
Passes for Westchester parks	231-4500,
Project Lifesaver (WJCS)	761-0600 x2230
Project Time-Out, respite for caregivers (WJCS)	761-0600 x2310
Safety Net Assistance (DSS)	995-6055
Sign language interpreter requests	995-2956
Special Needs Registry (for emerg. evacuations, etc.)	211, TTY 211
Supplemental Security Income (SSI) Medicaid	813-6023
Supplemental Security Income (SSI) federal office	(800) 772-1213
Telephone discount (Lifeline)	(800) 234-9473
Vets Service Agency	813-5145
WestCOP (fostering self-sufficiency)	592-5600